

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9am Water Aerobics 12:30pm Mah Jong	2
3	4 8:30am Butt & Gut 9 am Water Aerobic 9:30am Yoga 12:30pm Bridge	5 7pm Ladies Cards	6 8:30am Strength, Balance, Core 9am Water Aerobic 9:30am Yoga 7pm Mah Jong	7	8 9am Water Aerobics 12:30pm Mah Jong	9
10	11 8:30am Butt & Gut 9 am Water Aerobic 9:30am Yoga 12:30pm Bridge	12 7pm Ladies Cards	13 8:30am Strength, Balance, Core 9am Water Aerobic 9:30am Yoga 7pm Mah Jong	14 9am ARC Meeting 8am-5:30pm St. John's River Cruise	15 9am Water Aerobics 12:30pm Mah Jong	16
17	18 8:30am Butt & Gut 9 am Water Aerobic 9:30am Yoga 12:30pm Bridge 6:30pm Texas Holdem	19 7pm Ladies Cards	20 8:30am Strength, Balance, Core 9am Water Aerobic 9:30am Yoga 7pm Mah Jong	21 9am Board Meeting	22 9am Water Aerobics 12:30pm Mah Jong	23
24 8am-4pm Resident Private Event	25 8:30am Butt & Gut 9 am Water Aerobic 9:30am Yoga 12:30pm Bridge	26 7pm Ladies Cards	27 8:30am Strength, Balance, Core 9am Water Aerobic 9:30am Yoga 7pm Mah Jong	28 10am-7pm Resident Private Event	29 9am Water Aerobics 12:30pm Mah Jong	30