

MAY 2020

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										1	8:00-9:00am Total Body <u>Workout</u> 9am Water <u>Aerobics</u> 12:30pm Mah <u>Jong</u>	2	
3		4	8:00-9:00am <u>Butt & Gut</u> 9 am Water <u>Aerobic</u> <u>9:30am Yoga</u> 12:30pm Bridge	5	7pm Ladies Cards	6	8:00-9:00am Strength, <u>Balance, Core</u> 9am Water <u>Aerobic</u> 7pm Mah Jong	7		8	8:00-9:00am Total Body <u>Workout</u> 9am Water <u>Aerobics</u> 12:30pm Mah <u>Jong</u>	9	
10		11	8:00-9:00am <u>Butt & Gut</u> 9 am Water <u>Aerobic</u> <u>9:30am Yoga</u> 12:30pm Bridge	12	7pm Ladies Cards	13	8:00-9:00am Strength, <u>Balance, Core</u> 9am Water <u>Aerobic</u> 7pm Mah Jong	14	9:00am ARC Meeting 10am Storm Water Comm	15	8:00-9:00am Total Body <u>Workout</u> 9am Water <u>Aerobics</u> 12:30pm Mah <u>Jong</u>	16	
17		18	8:00-9:00am <u>Butt & Gut</u> 9 am Water <u>Aerobic</u> <u>12:30pm Bridge</u> 6:30pm Texas <u>Holdem</u>	19	7pm Ladies Cards	20	8:00-9:00am Strength, <u>Balance, Core</u> 9am Water <u>Aerobic</u> 7pm Mah Jong	21	9:00am Board Meeting	22	8:00-9:00am Total Body <u>Workout</u> 9am Water <u>Aerobics</u> 12:30pm Mah <u>Jong</u>	23	
24		25	8:00-9:00am <u>Butt & Gut</u> 9 am Water <u>Aerobic</u> 12:30pm Bridge 3:30pm Book Club	26	7pm Ladies Cards	27	8:00-9:00am Strength, <u>Balance, Core</u> 9am Water <u>Aerobic</u> 7pm Mah Jong	28		29	8:00-9:00am Total Body <u>Workout</u> 9am Water <u>Aerobics</u> 12:30pm Mah <u>Jong</u>	30	