

# JANUARY 2019

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
30		31	9am Water Aerobic 8:30am Butt & Gut  9:30am Yoga  12:30pm Bridge	1	7pm Ladies Cards	2	9am Water Aerobic 8:30am Strength, Balance, Core 9:30am Yoga  12:30pm Bridge	3		4	9am Water Aerobic  12:30pm Mah Jong	5	
6		7	9am Water Aerobic 8:30am Butt & Gut  9:30am Yoga  12:30pm Bridge	8	7pm Ladies Cards	9	9am Water Aerobic 8:30am Strength, Balance, Core 9:30am Yoga  12:30pm Bridge	10	9am ARC Meeting	11	9am Water Aerobic  12:30pm Mah Jong	12	
13		14	9am Water Aerobic 8:30am Butt & Gut  9:30am Yoga  12:30pm Bridge	15	7pm Ladies Cards	16	9am Water Aerobic 8:30am Strength, Balance, Core 9:30am Yoga  12:30pm Bridge	17	9am Board Meeting	18	9am Water Aerobic  12:30pm Mah Jong	19	Reserved for Chili Cookoff
20		21	9am Water Aerobic 8:30am Butt & Gut 9:30am Yoga 12:30pm Bridge 6:30pm Texas Holdem	22	7pm Ladies Cards	23	9am Water Aerobic 8:30am Strength, Balance, Core 9:30am Yoga  12:30pm Bridge	24		25	9am Water Aerobic  12:30pm Mah Jong	26	
27		28	9am Water Aerobic 8:30am Butt & Gut  9:30am Yoga  12:30pm Bridge	29	7pm Ladies Cards	30	9am Water Aerobic 8:30am Strength, Balance, Core 9:30am Yoga  12:30pm Bridge	31					