

FEBRUARY 2019

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										1	9am Water Aerobics 12:30pm Mah Jong	2	
3		4	9am Water Aerobic 8:30am Butt & Gut 9:30am Yoga 12:30pm Bridge	5	7pm Ladies Cards	6	9am Water Aerobic 8:30am Strength, <u>Balance, Core</u> 9:30am Yoga 12:30pm Bridge	7	10am CPR & AED Classes	8	9am Water Aerobics 12:30pm Mah Jong	9	
10		11	9am Water Aerobic 8:30am Butt & Gut 9:30am Yoga 12:30pm Bridge	12	7pm Ladies Cards	13	9am Water Aerobic 8:30am Strength, <u>Balance, Core</u> 9:30am Yoga 12:30pm Bridge	14	9am ARC Meeting	15	9am Water Aerobics 12:30pm Mah Jong	16	Private Event 3pm-10pm
17		18	9am Water Aerobic 8:30am Butt & Gut 9:30am Yoga 12:30pm Bridge 6:30pm Texas Holdem	19	7pm Ladies Cards	20	9am Water Aerobic 8:30am Strength, <u>Balance, Core</u> 9:30am Yoga 12:30pm Bridge	21	9am Board Meeting	22	9am Water Aerobics 12:30pm Mah Jong	23	
24		25	9am Water Aerobic 8:30am Butt & Gut 9:30am Yoga 12:30pm Bridge	26	7pm Ladies Cards	27	9am Water Aerobic 8:30am Strength, <u>Balance, Core</u> 9:30am Yoga 12:30pm Bridge	28					